



**Role of Abnormally Enhanced MJO over the Western Pacific in the
Formation and Subseasonal Predictability of the Record-breaking
Northeast Asian Heatwave in the Summer of 2018**

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Abstract

In the summer of 2018, Northeast Asia experienced a heatwave event that broke the existing high-temperature records in several locations in Japan, the Korean Peninsula and northeastern China. At the same time, an unusually strong Madden–Julian Oscillation (MJO) was observed to stay over the western Pacific warm pool. Based on reanalysis diagnosis, numerical experiments and assessments of real-time forecast data from two subseasonal-to-seasonal (S2S) models, we discovered the importance of the western Pacific MJO in the generation of this heatwave event, as well as its predictability at the subseasonal timescale.

During the prolonged heat extreme period (11 July to 14 August), a high pressure anomaly with variability at the intraseasonal (30–90 days) timescale appeared over Northeast Asia, causing persistent adiabatic heating and clear skies in this region. As shown in the composites of MJO-related convection and circulation anomalies, the occurrence of this 30–90-day high anomaly over Northeast Asia was linked with an anomalous wave train induced by tropical heating associated with the western tropical Pacific MJO. The impact of the MJO on the heatwave was further confirmed by sensitivity experiments with a coupled GCM. As the western Pacific MJO-related components were removed by nudging prognostic variables over the tropics towards their annual cycle and longer timescales (>90 days) in the coupled GCM, the anomalous wave train along the East Asian coast disappeared and the surface air temperature in Northeast Asia reduced. The MJO over the western Pacific warm pool also influenced the predictability of the extratropical heatwave. Our assessments of two S2S models' real-time forecasts suggest that the extremity of this Northeast Asian heatwave can be better predicted 1–4 weeks in advance if the

25 enhancement of MJO convections over the western Pacific warm pool is predicted
26 well.

27 Key words: heat wave; Madden–Julian Oscillation; subseasonal predictability

28 **1. Introduction**

29 Heatwaves, which are prolonged periods of extreme heat, have widespread
30 impacts on human health, ecosystems, agriculture, and infrastructure. In the summer
31 of 2018, many regions (northern Europe, North America, the Arctic Circle and
32 Northeast Asia) experienced record-breaking high temperatures, causing immense
33 economic damage and severe losses to human life [World Meteorological
34 Organization (WMO) 2018]. In Northeast Asia, high temperatures above 35°C were
35 observed in several areas in Japan, the Korean Peninsula and northeastern China.
36 According to the Japan Meteorological Agency (JMA), the city of Kumagaya, located
37 north of Tokyo, recorded a maximum temperature of 41.1°C on 23 July – the highest
38 ever observed in Japan. The Korean Meteorological Administration (KMA) reported
39 that 1 August, with a maximum temperature of 39.6°C, was the hottest day in Seoul
40 over the past 111 years. Temperatures of up to 39°C were estimated in July and
41 August 2018 across the northeastern provinces of China, such as Liaoning and Jilin,
42 reported by the China Meteorological Administration (CMA). Heat-related strokes
43 and diseases linked to the heatwave in summer 2018 caused at least 138 and 42
44 deaths in Japan and Korea, with more than 7,000 and 3,000 people requiring
45 hospitalization, respectively.

46 Due to the severe impacts of heat extremes, understanding the mechanisms that
47 trigger heatwave occurrence and the sources of predictability are important issues in
48 both research and operational communities. The occurrence of heatwave events has
49 been commonly linked to persistent high-pressure (or anticyclonic) anomalies that
50 result in adiabatic warming via anomalous downward motion and increased solar
51 radiation over a certain region (Della-Marta et al. 2007; Dole et al. 2011; Schubert et

52 al. 2011; Lau and Kim 2012; Trenberth and Fasullo 2012; Schubert et al. 2014; Lu
53 and Chen 2016; Gao et al. 2018). The causes of anomalous high-pressure and
54 anticyclonic systems in different regions are various and could be related to local
55 dynamics and remote effects. The atmospheric blocking associated with
56 quasi-stationary Rossby waves has been found to play a primary role in heatwaves
57 over Europe, Russia and North America (Dole et al. 2011; Schubert et al. 2011; Lau
58 and Nath 2012; Teng et al. 2013; WMO 2018). Over East Asia, the westward
59 extension of the western North Pacific subtropical high (WNPSH) is the key
60 contributor to the occurrences of hot summer and heat extreme events (Li et al. 2015;
61 Lu and Chen 2016; Gao et al. 2018; Tao and Zhang 2019). The formation of a
62 quasi-stationary Rossby wave train and shift in the WNPSH can be further attributed
63 to internal midlatitude dynamics and external low-boundary forcing, such as
64 anomalous sea surface temperatures (SSTs) over different basins (Dole et al. 2011;
65 Lau and Kim 2012; Trenberth and Fasullo 2012; Schubert et al. 2014; Lu and Chen
66 2016; Gao et al. 2018). For example, the European heatwave in 2010 was related to
67 an anomalous stationary wave pattern modulated by eastern Pacific SST anomalies
68 associated with La Niña (Dole et al. 2011; Schubert et al. 2011; Schubert et al. 2014).
69 The anomalous quasi-stationary Rossby wave train responsible for the Russian
70 heatwave in 2010 was correlated with SST anomalies over the tropical Atlantic and
71 Indian oceans (Lau and Kim 2012; Trenberth and Fasullo 2012). The extension and
72 intensification of the WNPSH, which together induce heatwaves in East China, are
73 attributable to SST anomalies in the central-eastern equatorial Pacific (Li et al. 2015;
74 Gao et al. 2018).

75 For the Northeast Asian heatwave in summer 2018, a number of recently
76 published studies have discussed the possible contributory factors. For instance,

77 Imada et al. (2019) and Qian et al. (2019) highlighted the important role of
78 anthropogenic climate change. Specifically, based on global and regional climate
79 model simulations, Imada et al. (2019) indicated that this record-breaking heatwave
80 event would never have happened without anthropogenic warming. A similar
81 conclusion was drawn by Qian et al. (2019), in which their large-ensemble
82 simulations suggested that extreme heat events, like the Northeast Asian heatwave in
83 2018, are very rare without anthropogenic forcing. Not only the background warming
84 climate but also the anomalous large-scale circulation patterns contributed
85 significantly to the extremely hot summer in Northeast Asia in 2018 (Ha et al. 2019;
86 Shimpo et al. 2019; Tao and Zhang 2019; Xu et al. 2019a, 2019b). In July and August
87 2018, the anticyclonic/subsidence anomaly that prevailed over Northeast Asia was
88 related to the northwestward extension of the western Pacific subtropical high and the
89 eastward expansion of the South Asian high (Ha et al. 2019; Shimpo et al. 2019; Tao
90 and Zhang 2019; Xu et al. 2019a). This anomalous anticyclone could be further
91 linked with the upper-tropospheric wave trains, which originate from upstream
92 regions of 30°–100°E and propagate eastwards along the Asian westerly jet to East
93 Asia (Tao and Zhang 2019; Xu et al. 2019b). Chen et al. (2019) suggested that the
94 cold SST anomaly in the southeast Indian Ocean may result in anomalous
95 cross-equatorial flow that then affects the subtropical circulations over the western
96 North Pacific. The shift of the WNPSH led to the occurrence of the Northeast Asian
97 heatwave in the summer of 2018.

98 In addition to the heating induced by tropical SST anomalies, equatorial
99 convection associated with the Madden–Julian Oscillation (MJO; Madden and Julian
100 1971) can also generate large-scale circulation anomalies propagating towards
101 extratropical regions to influence mid- and high-latitude weather regimes (Cassou

102 2008; Lin et al. 2010; Moon et al. 2013; Stan et al. 2017). The MJO, characterized by
103 planetary-scale circulation coupled with convection propagating eastwards along the
104 equator, is the most prominent intraseasonal variability over the tropics (Madden and
105 Julian 1971, 1972). Through altering background flows, MJO-related circulation
106 anomalies affect weather extremes significantly in tropical areas (Yang et al. 2010;
107 Hsu et al. 2016, 2017; Chen et al. 2018). Meanwhile, Rossby wave train patterns
108 induced by MJO heating in the warm pool and Asian monsoon areas (Ding and Wang
109 2005; Moon et al. 2013) also exert impacts on weather conditions in the remote
110 regions of North and South America, Australia and Eurasia (Jones et al. 2004; Donald
111 et al. 2006; Lin et al. 2010; Moon et al. 2013). Such modulations of weather systems
112 by the MJO provides a potential source of skillful prediction at lead times on the
113 subseasonal timescale (Hsu et al. 2015; Lin 2018; Vitart and Robertson 2018), which
114 is currently one of the most challenging tasks for operational centers (Waliser et al.
115 2003; Vitart et al. 2017).

116 As will be shown in the following analysis, abnormally intensified MJO activity
117 over the western tropical Pacific, including the South China Sea and Philippine Sea,
118 occurred coincidentally with the Northeast Asian heatwave event in summer 2018.
119 Were there, however, any physical links between the enhanced western tropical
120 Pacific MJO and the occurrence of this heatwave? If yes, how and to what extent
121 does the MJO prediction skill affect the fidelity of the extratropical heatwave forecast?
122 These are the two key questions that will be addressed in this study. The findings
123 could not only advance our understanding of heatwave mechanisms, but also offer a
124 source of heatwave predictability at the subseasonal timescale – a gap between
125 short-term weather forecasting and long-term climate prediction – that needs to be
126 exploited in the future.

127 The rest of this paper is organized as follows: The data from reanalysis and
128 operational prediction models, the diagnostic methods, and the numerical experiments
129 are introduced in section 2. The features and causes of the Northeast Asian heatwave
130 in the summer of 2018 are analyzed in section 3. Section 4 verifies the essential role
131 of the MJO in this heatwave event based on sensitivity experiments using the coupled
132 GCM developed at the National Oceanic and Atmospheric Administration
133 (NOAA)/Geophysical Fluid Dynamics Laboratory (GFDL). Section 5 examines the
134 forecast skill of this heatwave in the CMA and JMA models that participated in the
135 subseasonal-to-seasonal prediction (S2S) project (Vitart et al. 2017). A summary and
136 some further discussion are provided in the final section.

137 **2. Data and methods**

138 **2.1 Data**

139 To obtain robust results, the surface air temperature (SAT) and associated
140 circulation anomalies in the summer (June–July–August, JJA) of 2018 relative to the
141 climatological state (1979–2017) from three global analysis/reanalysis datasets – the
142 National Centers for Environmental Prediction (NCEP) final analysis (FNL)
143 (NOAA/NCEP, 2000), European Centre for Medium-Range Weather Forecasts
144 interim reanalysis (ERA-Interim) (Dee et al., 2011), and the Modern-Era
145 Retrospective Analysis for Research and Applications, version 2 (MERRA2) (Gelaro
146 et al. 2017) – were analyzed. In addition to the daily-mean SAT (T2m) data,
147 three-dimensional variables including zonal and meridional wind (u and v), vertical
148 p -velocity (ω), temperature and geopotential fields from 1000 to 100 hPa from

149 ERA-Interim were also utilized. The two-dimensional fields used were surface net
150 shortwave radiation (SSR), surface net thermal radiation (STR), sensible heat flux
151 (SHF), and latent heat flux (LHF). The spatial resolutions of all these fields from
152 FNL, ERA-Interim and MERRA2 were $1^\circ \times 1^\circ$, $1.5^\circ \times 1.5^\circ$ and $1.5^\circ \times 1.5^\circ$,
153 respectively. The variability and distribution of large-scale convections were
154 illustrated by daily outgoing longwave radiation (OLR) on a $2.5^\circ \times 2.5^\circ$ grid from
155 NOAA (Liebmann and Smith, 1996).

156 The S2S project was established to improve our understanding of the sources of
157 predictability and forecast skill of subseasonal-to-seasonal prediction (Vitart et al.
158 2017). There are 11 operational models participating in the S2S project and providing
159 reforecasts and real-time forecasts up to 60 days. To assess the influences of
160 equatorial MJO on predicting the Northeast Asian heatwave, we used the reforecast
161 and real-time forecast data from two operational centers over East Asia: CMA and
162 JMA. Note that, although KMA is also an operational center over East Asia, the
163 variables forecasted by the KMA model are limited when it comes to comparing the
164 prediction skill of the MJO and heatwave events against those in the CMA and JMA
165 models. The reforecast data from the CMA and JMA models cover a common period
166 of 1999–2010, which was used to compute the climatology of the S2S prediction. The
167 real-time forecast frequency is daily for CMA but weekly for JMA. The CMA (JMA)
168 model provides prediction data with a forecast time range of 60 (33) days. Four and
169 five ensemble members are available for the CMA and JMA models, respectively.
170 Detailed descriptions and data of these S2S models can be found on the website of the
171 S2S dataset (<https://software.ecmwf.int/wiki/display/S2S/home>). The variables
172 downloaded from the website included zonal winds at 850 and 200 hPa (U850 and
173 U200) and OLR, used to present the MJO activity, geopotential height (H500), as

174 well as SAT (T2m) for heatwave analysis.

175 **2.2 Definitions of MJO activity**

176 Following the method of Wheeler and Hendon (2004), we used the Real-time
177 Multivariate MJO (RMM) index derived from the empirical orthogonal function
178 (EOF) analysis of the combined fields of equatorially (15°S–15°N) averaged daily
179 OLR and zonal winds at 850 and 200 hPa to define the phase evolution and intensity
180 of the MJO. The principal components of the first two EOF modes, RMM1 and
181 RMM2, have a quadrant phase difference and characterize the MJO signal
182 propagating eastwards over the equatorial region. RMM1 and RMM2 can be obtained
183 from the Australian Bureau of Meteorology
184 (<http://www.bom.gov.au/climate/mjo/graphics/rmm.74toRealtime.txt>). Based on the
185 two-dimensional phase diagram of RMM1 and RMM2, the life cycle of the MJO is
186 split into eight distinct phases (Wheeler and Hendon 2004). In phase 1, a weak MJO
187 convection initiates over the equatorial western Indian Ocean. It enhances and
188 propagates eastwards towards the central and eastern Indian Ocean during phases 2–4.
189 During the subsequent phases of 5–7, the MJO convection moves continually
190 eastwards cross the Maritime Continent and western Pacific. It gradually dies out
191 during phase 8 when it passes the eastern Pacific cold tongue area. The strength of the
192 MJO is defined by the square root of the sum of squared RMM1 and squared RMM2
193 $[(RMM1^2+RMM2^2)^{1/2}]$. To test the effects of equatorial MJO with different strength
194 on the extratropical conditions, two criteria for defining enhanced MJO events (RMM
195 amplitude greater than 1 and 1.5) were used in this study.

196 **2.3 Diagnosis of the temperature budget equation**

197 To understand the physical processes responsible for the SAT changes, the
198 temperature budget equation was diagnosed. The changes in temperature at each
199 pressure level are controlled by the horizontal temperature advection, adiabatic
200 process associated with vertical motion and static stability, and diabatic heating,
201 which can be written as follows:

$$202 \quad \frac{\partial T'}{\partial t} = -(\mathbf{V} \cdot \nabla T)' + (\omega \sigma)' + \frac{Q'}{C_p}, \quad (1)$$

203 where t is time, \mathbf{V} is the horizontal velocity vector, ∇ is the horizontal gradient
204 operator, and σ represents the static stability [$\sigma = \partial T / \partial p - RT / C_p P$], in which R is
205 the gas constant, p is the pressure and C_p is the specific heat at constant pressure. The
206 prime in Eq. (1) indicates the MJO (30–90-day) component that was obtained using
207 the Lanczos bandpass filtering method (Duchon 1979).

208 As discussed by Yanai et al. (1973), the apparent heat source, Q , includes the
209 radiative heating, latent heat release, and surface turbulent heat fluxes. At the
210 planetary boundary layer, Q is largely modulated by the net upward flux through the
211 surface (F_s). To understand the major contributors to the near-surface heat source, the
212 surface energy budget equation, shown in Eq. (2), was further diagnosed:

$$213 \quad F_s = \text{SSR} + \text{STR} + \text{SHF} + \text{LHF} + G. \quad (2)$$

214 Here, SSR and STR are the net shortwave and thermal (longwave) radiation at the
215 surface, respectively; SHF and LHF denote the sensible and latent heat fluxes,
216 respectively; and G , the ground heat flux, is generally small and can be ignored in this
217 study. All fluxes are positive upward.

218 **2.4 Model experiments**

219 To understand the influences of tropical heating at the subseasonal timescale on
220 the SAT and circulation changes over northeastern Asia, we performed model
221 experiments using the GFDL Low Ocean Atmosphere Resolution (LOAR; van der
222 Wiel et al. 2016) of Coupled Model 2.5 (CM2.5; Delworth et al. 2012), which has
223 high capability in simulating the MJO (Xiang et al. 2015). The
224 atmospheric/land-surface components of the LOAR model have a C48 grid horizontal
225 resolution ($2^\circ \times 2^\circ$) with 32 vertical levels. The ocean/sea ice components have $1^\circ \times$
226 1° horizontal grids.

227 With a focus on natural variability, the control experiment (EXP_CTRL) was
228 integrated for 70 years with the constant radiative forcing in 1990. Using the same
229 radiative forcing, the sensitivity experiment was also integrated for 70 years but the
230 model prognostic variables (e.g., u , v , q , T) over tropical regions (15°S – 15°N) were
231 nudged towards their 90-day low-pass (LP90) filtered components derived from the
232 control experiment. In this case, the equatorial subseasonal variability with a
233 periodicity shorter than 90 days was removed artificially, while other tropical
234 variations with periodicities of longer than 90 days were retained in the model. The
235 sensitivity experiment is referred to as EXP_LP90. Comparing the large-scale
236 circulation and SAT over Northeast Asia simulated from EXP_CTRL and EXP_LP90,
237 one may verify the effects of tropical subseasonal heating on the extratropical
238 atmospheric conditions.

239 **3. Features of the northeastern Asian heatwave in 2018 and the effects of the**

240 **MJO**

241 Compared to the climatological summer (JJA)-mean SAT, remarkable increases
242 in SAT occurred over Eurasia in the summer of 2018 according to all the datasets
243 (Figs. 1a–c). ERA-Interim and MERRA2 consistently reveal that the maximum of
244 positive SAT anomalies in the summer of 2018 appeared over Northeast Asia,
245 including northeastern China, the Korean Peninsula and Japan (rectangles in Figs. 1a
246 and 1b). Although less evident, the positive SAT anomaly over Northeast Asia is also
247 apparent in the FNL data (Fig. 1c). The area-averaged SAT over Northeast Asia
248 (32.5° – 47.5° N, 110° – 140° E) reached 23° C– 27° C (around 3° C higher than the
249 climatology) from mid-July to mid-August (Figs. 1d–f), when the record-breaking
250 heatwave events in northeastern China, Korea and Japan were reported (marked by
251 gray shading in Figs. 1d–f). Two peaks of SAT anomalies around 21 July and 1
252 August both exceed the values of the 90th percentile (green dots in Figs. 1d–f).

253 The Northeast Asian extreme heat in the summer of 2018 occurred consistently
254 with high-pressure anomalies associated with the eastward expansion of the South
255 Asian high (Fig. 2a) and the northwestward extension of the WPSH (Fig. 2b),
256 consistent with previous results (Shimpo et al. 2019; Tao and Zhang 2019; Xu et al.
257 2019a, 2019b). To further discuss the temporal evolution of the high anomalies within
258 the summer season, we examined the area-averaged 200- and 500-hPa geopotential
259 height anomalies, in which the seasonal cycle was removed, over the heatwave
260 occurrence region (Figs. 2c, d). The daily geopotential height anomalies varied at the
261 intraseasonal timescale with a period of ~30–90 days (red curves in Figs. 2b and 2d).
262 The positive anomalies of geopotential height increased significantly from mid-July
263 to early August, consistent with the timing of heatwave occurrence and maintenance.

264 The low-frequency circulation anomaly situated over Northeast Asia provided
265 favorable conditions for the occurrence of a prolonged heatwave. Figure 3a displays
266 the phase relationship between 30–90-day height and SAT anomalies. During the
267 heatwave period, the 30–90-day high-pressure anomaly is highly consistent with the
268 increased SAT anomaly over Northeast Asia. The positive anomaly of 30–90-day SAT
269 over Northeast Asia is around 0.5°C – 1.5°C (Fig. 3a), accounting for 20%–60% of the
270 total increases in SAT (2.5°C – 3°C) associated with this heatwave event (Figs. 1d–f).
271 Based on diagnosis of the temperature budget, the major contributor to the increases
272 in SAT anomalies was the adiabatic heating (Fig. 3b) caused by anomalous
273 descending motion associated with the high-pressure anomaly. The circulation
274 anomalies also led to positive warm advection, favoring the heatwave’s occurrence
275 (Fig. 3b).

276 To further elucidate the source of negative diabatic heating anomaly near the
277 surface, we diagnosed the surface energy budget using the same ERA-Interim
278 reanalysis dataset (Fig. 3c). The results show that the high anomaly-induced
279 subsidence and clear sky favored increased downward shortwave radiation (SSR in
280 Fig. 3c), which heated the surface. The increased surface heat was further radiated
281 back to the atmosphere as an upward thermal radiation (STR) anomaly and returned
282 to the atmosphere by enhanced SHF. The LHF associated with precipitation and
283 evapotranspiration also contributed positively to heat the atmosphere during the
284 heatwave period. Their net effect (a downward heat flux) would have led to a warmer
285 surface temperature than the SAT. Although the surface energy budget result seems to
286 be consistent with the 925-hPa air temperature budget, the estimations for each
287 budget term still contain some uncertainty because of precipitation, cloud and

288 radiation biases in the reanalysis system (Ma et al. 2018).

289 Based on the results of Figs. 1–3, the high-pressure anomaly, which seems to be
290 part of the low-frequency (30–90-day) wave train, played a key role in the
291 record-breaking heatwave over Northeast Asia in the summer of 2018. To understand
292 the source of the 30–90-day large-scale circulation anomalies, we examined the
293 tropical heating distributions, as previous studies (Nitta 1987; Lu 2001; Kosaka and
294 Nakamura 2006; Hsu and Lin 2007) have suggested that the anomalous convection
295 over the western Pacific warm pool region associated with seasonal SST anomalies
296 can generate a Rossby wave train and propagate towards the midlatitudes. At the
297 intraseasonal timescale, convection over the warm pool is closely modulated by the
298 MJO (Madden and Julian 1971, 1994). Figure 4 shows the phase evolutions of the
299 MJO in summer 2018. Interestingly, the equatorial MJO convection stayed
300 persistently in the RMM phases 5–6 with abnormally strong intensity (RMM
301 amplitude of 1.5–2) during the heatwave period of 11 July to 14 August (Fig. 4a).
302 This distribution of 30–90-day OLR clearly shows the presence of enhanced
303 convection over the western Pacific warm pool, including the South China Sea and
304 Philippine Sea, during this heatwave event (Fig. 4b). The results suggest that the
305 enhanced MJO convective heating could have induced the anomalous wave train
306 pattern associated with the extratropical heatwave occurrence.

307 To further elucidate the basic structures and dynamics of the wave train pattern,
308 we examined the 30–90-day vorticity and the wave activity flux (WAF), defined by
309 Takaya and Nakamura (2001), at different levels. As shown in Fig. 5, 30–90-day
310 wavelike structures with a zonally elongated cyclonic anomaly over the South China
311 Sea and Philippine Sea and an anticyclonic anomaly over the Northeast Asia appeared

312 during the heatwave period (Figs. 5a–c). These anomalous wavelike patterns along
313 the western Pacific–East Asian coast present an equivalent barotropic vertical
314 structure tilting slightly polewards with height. The lower- and mid-tropospheric
315 WAF exhibits northward-pointing vectors from the tropical western Pacific towards
316 Northeast Asia ($\sim 40^\circ\text{N}$), suggesting a Rossby wave–like energy propagation (Figs.
317 5a–b). In contrast, in the upper troposphere, eastward WAF at $40^\circ\text{--}50^\circ\text{N}$ is evident,
318 and southward WAF over East Asia is also apparent (Fig. 5b). The vertical structures
319 and WAF of the intraseasonal wave train here (Fig. 5) resemble the Pacific–Japan
320 pattern at the long-term (i.e., monthly, seasonal and interannual) timescales identified
321 by previous studies (Nitta 1987; Kosaka and Nakamura 2006; Hsu and Lin 2007).

322 The large-scale circulation anomalies over extratropical regions vary with
323 MJO-related heating of different amplitude and are situated in different locations
324 (Ding and Wang 2007; Moon et al. 2013; Stan et al. 2017). As the western Pacific
325 MJO convection started to establish (phases 3–4) and strengthen (phases 5–6),
326 significant high-pressure anomalies appeared and prevailed over Eurasia at the mid
327 and high latitudes (Figs. 6b and 6c). The extratropical circulation anomalies were
328 enhanced as the MJO convections became stronger (Figs. 6f and 6g). Once
329 suppressed MJO convections appeared over the western Pacific warm pool regions
330 (phases 7–8 and 1–2), the midlatitude high-pressure anomalies moved polewards
331 (Figs. 6a, d, e, h), but a low-pressure anomaly occurred over East/Northeast Asia
332 (Figs. 6d and 6h). Circulation and SAT anomalies induced by western Pacific MJO
333 heating can sustain for around two weeks. Consistent with the result of Fig. 6, the
334 positive anomalies of geopotential height and SAT over Northeast Asia were of
335 stronger amplitude as the equatorial heating of the MJO intensified (Fig. 7). The
336 increased SAT, with its amplitude greater than 0.8 standard deviations, was able to

337 last 11 (9) days when the MJO's amplitude was greater than 1.5 (1), as equatorial
338 heating tends to induce a relatively stronger (weaker) high-pressure anomaly over
339 Northeast Asia.

340 The analyses above suggest a positive contribution of the western tropical
341 Pacific MJO to the Northeast Asian heatwave in the summer of 2018. Whether or not
342 the MJO's effect on this heatwave in 2018 is a unique case is worthy of discussion.
343 To address this, we analyzed the phase relationship between the MJO's evolution and
344 Northeast Asian heatwave events using long-term historical data from 40 summers
345 (1979–2018). A long-lasting heatwave over Northeast Asia was defined when the
346 area-averaged (32.5° – 47.5° N, 110° – 140° E) SAT was higher than the 75th percentile
347 for 10 consecutive days or more. The individual days during each heatwave event are
348 referred to as heatwave days. Taking the annual cycle of SAT into account, the
349 thresholds of SAT (i.e., the 75th percentile) for each day (t) were derived from SAT
350 data during the period between $t - 7$ (7 days before t) and $t + 7$ (7 days after t) for the
351 period 1979–2018, with total samples of 600 (15 days \times 40 years), similar to the
352 method proposed by Stefanon et al. (2012). Figure 8 displays the states of the MJO's
353 life cycle for individual heatwave days from the climatological viewpoint. It is
354 apparent that around 50% of Northeast Asian heatwaves in history occurred when the
355 MJO's convection was enhanced over the western Pacific warm pool (phases 5–6).
356 The increases in heatwave occurrence rate in phases 5–6 are statistically significant
357 based on the Monte Carlo test. Much smaller probabilities (0.8%–14%) of Northeast
358 Asian heatwave occurrence are found when the MJO stays over the tropical Indian
359 Ocean and central-eastern Pacific (Fig. 8a). The average probability (25%) of
360 heatwave occurrence in phases 5–6 is about three times larger than that in the other

361 six phases (8%). Considering the persistence of MJO-induced anomalous states (Fig.
362 7), we included the data from 7 days before heatwave occurrence and repeated the
363 analysis. The results showed that more than half (51.1%) of the prolonged heat
364 extremes occurred in phases 5–6 of the MJO (Fig. 8b), suggesting that the western
365 Pacific MJO does indeed play a role in the generation and maintenance of Northeast
366 Asian heatwaves. Note that the results are robust and did not change even when the
367 criteria for the definition of a heatwave were varied. For example, ~50% of Northeast
368 Asian heatwave days appeared in conjunction with MJO phases 5–6 when a regional
369 heatwave event was defined by the daily SAT exceeding the 95th percentile for at
370 least three consecutive days (not shown).

371 Additional analysis by calculating the SAT anomalies during summers with
372 vigorous western Pacific MJO activities was conducted to confirm the effect of the
373 MJO on the occurrence of Northeast Asian hot summers. To quantify the effect of the
374 western Pacific MJO, the accumulated amplitude of phases 5–6 occurring during July
375 to August was defined and referred to as the western Pacific MJO index. This index
376 combines the effects of frequency and intensity of western Pacific MJO events
377 (phases 5–6) in each summer. Then, the years with a normalized western Pacific MJO
378 index greater than 1.5 standard deviations were selected for SAT composites and
379 compared against the climatological state. The results showed that the Northeast
380 Asian SAT increased significantly in summers with vigorous western Pacific MJO
381 activities (figures not shown), confirming the positive contribution of western Pacific
382 MJO convections to Northeast Asian heat events.

383 **4. Sensitivity experiments for verifying the role of the MJO in the heatwave**

384 Using reanalysis diagnosis, it is difficult to isolate the effects of the MJO heating
385 on the large-scale anticyclonic anomalies (Figs. 5–6) that induced the heatwave over
386 Northeast Asia. To verify whether the anomalous circulations in the extratropics were
387 related to the abnormally persistent and enhanced MJO states in phases 5–6, we
388 conducted a model experiment using the LOAR coupled GCM, which simulates MJO
389 signals well over the equatorial area (Xiang et al. 2015). The composites of
390 MJO-related convections based on the days with enhanced MJO convection occurring
391 over the tropical western Pacific (0° – 15° N, 100° – 150° E), mimicking the RMM
392 phases 5–6, are shown in Figs. 9a and 9b. The active western Pacific MJO days were
393 selected as when the area-averaged 30–90-day OLR over the western Pacific
394 exceeded 1 and 1.5 standard deviations, respectively. Thus, significant MJO
395 convections over the western tropical Pacific were detected in the composite map in
396 EXP_CTRL (Fig. 9a). The strategy of MJO removal by nudging the prognostic fields
397 towards their climatological annual cycle derived from EXP_CTRL worked
398 efficiently. Using the same days with western Pacific convections in EXP_CTRL, the
399 composite map showed no MJO signals over the equatorial region (Figs. 9b and 9e).
400 This means that the effect of tropical western Pacific MJO heating was absent in
401 EXP_LP90. Comparing the SAT anomalies over Northeast Asia (32.5° – 47.5° N,
402 110° – 140° E), the positive SAT anomaly in EXP_CTRL dropped when the western
403 Pacific MJO was removed (Figs. 9c and 9f).

404 The change in SAT could be attributable to the anomalous wave train induced by
405 the western Pacific MJO convection. Similar to the observation, the high anomaly
406 appeared over Northeast Asia when the western Pacific MJO heating generated an
407 anomalous wave train along the East Asian coast in EXP_CTRL (Fig. 10a). In

408 contrast, this south–north-oriented wave train and the related high anomaly over
409 Northeast Asia vanished in EXP_LP90 as the tropical MJO components were
410 removed (Fig. 10b). Thus, the SAT tended to reduce in EXP_LP90 (Fig. 9c). The
411 decrease in the SAT anomaly over the Northeast Asian heatwave region was more
412 obvious if the more strengthened MJO convections over the tropical western Pacific
413 (with amplitude greater than 1.5 standard deviations) were removed from the model
414 integration (Figs. 9d–f). The results of these sensitivity experiments using the coupled
415 GCM confirm the role of intraseasonal heating over the tropical western Pacific in
416 causing the SAT anomalies in Northeast Asia.

417 **5. Subseasonal prediction of the heatwave**

418 Profound influences of enhanced MJO over the western Pacific on this Northeast
419 Asian heatwave event have thus far been found based on observational and sensitivity
420 experiment results. However, whether or not the equatorial MJO can serve as a key
421 source of predictability for extratropical heatwaves at the subseasonal range also
422 needs to be assessed. Using the reforecasts and real-time forecasts of the CMA and
423 JMA S2S models, we next assess the forecast skill of the present heatwave case at the
424 subseasonal timescale and discuss how it was affected by the prediction of the
425 equatorial MJO.

426 The capability of SAT predictions during the observed heatwave period (11 July
427 to 14 August) was analyzed based on real-time forecasts with lead times of 1 to 4
428 weeks (Fig. 11). The one-week-lead forecast skill for the period covering the weeks
429 of 11–17 July, 18–24 July, 25–31 July, 1–7 August, and 8–14 August was assessed

430 using the predicted results of 0–6 days from the forecasts started at 11 July, 18 July,
431 25 July, 1 August, and 8 August, respectively. Likewise, the two-week-lead forecast
432 skill for the same period covering the weeks of 11–17 July, 18–24 July, 25–31 July,
433 1–7 August, and 8–14 August was evaluated using the predicted results of 7–13 days
434 from the forecasts started at 4 July, 11 July, 18 July, 25 July, and 1 August,
435 respectively. A similar approach was applied to the skill assessments for the three-
436 and four-week-lead forecasts. The SAT anomalies were computed relative to the
437 model climatology derived from the reforecasts of 1999–2010.

438 At the lead time of 1 week (blue curve), the CMA and JMA models both
439 captured the temporal evolutions of the SAT anomalies with an increasing tendency
440 from the first week (11–17 July) and a decreasing tendency from the third week (25
441 July to 14 August). The two models, however, revealed significant biases in the
442 amplitude of SAT anomalies. In the CMA model, the SAT anomalies were
443 overestimated (Fig. 11a), while in the JMA model small positive anomalies of SAT
444 were predicted (Fig. 11b). Some members even predicted negative SAT anomalies
445 over the Northeast Asian heatwave region in the JMA model (Fig. 11b).

446 The predicted biases of SAT associated with this heatwave event were likely
447 linked with the biased amplitude of MJO predictions and the MJO-related circulation
448 anomalies in the two operational models. We compared the predicted MJO index,
449 large-scale circulation anomaly and SAT in the fixed period of 11 July to 14 August
450 produced by the forecasts with different initial dates. For example, the predicted
451 results for 11 July to 14 August produced by the forecast started on 4 July (27 June)
452 were considered to be a forecast at a lead time of 7–40 (14–54) days (Fig. 12).
453 Although the CMA model correctly predicted the locations of MJO convection

454 (phases 5–6) in the long forecast leads beyond three weeks (blue, red and green
455 curves in Fig. 12a), the amplitude of MJO convections appeared to be too high
456 compared to the observation. This might have caused the overestimated SAT
457 anomalies in Northeast Asia (Fig. 11a), because the SAT and high-pressure anomalies
458 over the midlatitudes were positively correlated with the strength of tropical heating
459 (Figs. 12b and c). Similarly, the weak MJO convections predicted by the JMA model
460 (Fig. 12d) could only result in a weak response of atmospheric conditions over the
461 extratropics (Fig. 12f), and led to insignificant changes in SAT in the Northeast Asian
462 heatwave area (Fig. 12e). The results based on the assessments of the S2S models
463 suggest that the subseasonal predictability of Northeast Asian heatwaves is to a
464 certain extent affected by the fidelity of MJO prediction.

465 **6. Summary and discussion**

466 During 11 July to 14 August 2018, a record-breaking heatwave with
467 temperatures of $\sim 3^{\circ}\text{C}$ higher than the climatology (exceeding the 90th percentile)
468 affected large portions of Northeast Asia, including Japan, the Korean Peninsula and
469 northeastern China (WMO 2018) (Fig. 1). Some recent works (Chen et al. 2019; Ha
470 et al. 2019; Imada et al. 2019; Shimpo et al. 2019; Tao and Zhang 2019) have
471 emphasized the contributions of anthropogenic climate change and seasonal
472 circulation anomalies to this Northeast Asian heatwave event. In addition to the
473 anomalous summer-mean conditions, we found that the subseasonal signals
474 associated with the western Pacific warm pool MJO (phases 5–6 of the RMM) also
475 revealed abnormality in its duration and amplitude during the heatwave event period.
476 Based on reanalysis diagnosis and model experiments, we have further proven the

477 important role played by the western tropical Pacific MJO in the generation and
478 maintenance of this Northeast Asian heatwave event. The effect of the MJO on the
479 heatwave prediction skill at the subseasonal timescale has also been revealed, by
480 assessing the S2S models of two operational centers in East Asia (the CMA and
481 JMA).

482 The prolonged heat conditions can be attributed to the occurrence of a persistent
483 high-pressure anomaly with a pronounced feature of low-frequency (30–90 days)
484 variability over Northeast Asia (Fig. 2), which caused anomalous downward motion
485 favoring clear skies and adiabatic heating locally (Fig. 3). The occurrence and
486 maintenance of such a high-pressure anomaly over Northeast Asia are further related
487 to enhanced MJO convection over the western Pacific warm pool via atmospheric
488 teleconnection (Cassou 2008; Lin et al. 2010; Moon et al. 2013; Stan et al. 2017). In
489 the MJO phase diagram (Fig. 4), abnormally intensified MJO activities (staying at
490 phases 5–6) were observed consistently during the heatwave period. The persistence
491 of MJO-related heating in the western tropical Pacific may have excited a Rossby
492 wave train (Fig. 5) with a low-pressure anomaly to the north of the MJO convection
493 and a high-pressure anomaly over Eurasia, including Northeast Asia (Fig. 6). The
494 high-pressure anomaly may have persisted around two weeks after the occurrence of
495 tropical MJO heating (Fig. 7), providing a favorable environment for prolonged high
496 SATs over Northeast Asia. During the summers of 1979–2018, around 50% of
497 Northeast Asian heatwave days occurred at and after the RMM phases 5–6. The
498 probability of heatwave occurrence in phases 5–6 is about three times higher than that
499 in other phases (Fig. 8). These statistical analyses reveal the contribution of western
500 tropical Pacific MJO to the formation and maintenance of Northeast Asian heatwaves.

501 Based on sensitivity experiments with the GFDL LOAR coupled GCM, which
502 simulates tropical MJO signals well, we again confirmed the contribution of the
503 western tropical Pacific MJO to this Northeast Asian heatwave. When the
504 subseasonal components over the tropics (15°S–15°N) were removed by nudging the
505 prognostic fields towards their annual cycle and longer timescales (>90 days) derived
506 from EXP_CTRL, the anomalous wave train along the East Asian coast vanished and
507 the SAT over the Northeast Asian heatwave area was reduced compared to that in
508 EXP_CTRL, in which the enhanced western Pacific MJO remained (Figs. 9 and 10).

509 The importance of MJO-related heating over the western Pacific warm pool was
510 also seen from the viewpoint of heatwave prediction at the subseasonal timescale.
511 Through assessing the real-time forecast data of the CMA and JMA S2S models, we
512 found that the predicted MJO conditions were linked closely with the forecast
513 capability for this Northeast Asian heatwave event. The CMA model predicted the
514 location of enhanced MJO convection well over the western tropical Pacific (phases
515 5–6) during the heatwave period at forecast leads beyond three weeks. However, it
516 overestimated the MJO amplitude (Fig. 12a). The high SAT anomalies over the
517 Northeast Asian heatwave region were predicted with overestimated biases by the
518 CMA model (Fig. 11a). In contrast, the Northeast Asian SAT showed insignificant
519 changes when the weak MJO signals were predicted by the JMA model at the
520 subseasonal timescale (Figs. 11b and 12d). Thus, the subseasonal prediction skill for
521 heat extremes over Northeast Asia seems to benefit from more accurate predictions of
522 the MJO in S2S models. The result suggests that the MJO plays a key role in the
523 subseasonal predictability of extratropical heat extreme, as documented by Lin (2018)
524 and Vitart and Roberson (2018).

525 Predicting extreme events more than two weeks in advance remains a
526 challenging task. In this study, we emphasize the effects of the MJO on heatwave
527 predictability at the subseasonal timescale. Recent works have found that air–sea
528 interaction (Lin 2018), land conditions (Orth and Seneviratne 2014; National
529 Academies of Sciences, Engineering and Medicine, 2016), and stratosphere–
530 troposphere coupling (Mundhenk et al. 2018) might also serve as potential sources of
531 subseasonal predictability. How and to what extent these factors contribute to the
532 subseasonal prediction of heatwaves and other extreme events in the densely
533 populated Asian monsoon region needs to be further investigated.

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705 River basin. *J. Climate*, **23**, 1146–1160.

706 **Figure Captions**

707 **Fig. 1.** SAT anomalies over the summer (JJA) of 2018 relative to the climatological
708 JJA mean derived from the (a) ERA-Interim, (b) MERRA2 and (c) FNL
709 datasets. The rectangle marks the area of Northeast Asia (32.5° – 47.5° N,
710 110° – 140° E) with significant warm anomalies. (d)–(f) Temporal evolutions of
711 Northeast Asia area-averaged SAT in the climatological mean (black curve)
712 and the anomalies (red and blue shading) in summer 2018 derived from the (d)
713 ERA-Interim, (e) MERRA2 and (f) FNL datasets. Gray shading covers the
714 period of Northeast Asian heatwave occurrence. Dots indicate the SAT
715 anomalies exceed the 90th percentile. Units: $^{\circ}$ C.

716 **Fig. 2.** Geographical distributions of (a) 200-hPa and (c) 500-hPa geopotential height
717 (shading; units: $\text{m}^2 \text{s}^{-2}$) in the summer (JJA) of 2018 and its anomaly (contours;
718 units: $\text{m}^2 \text{s}^{-2}$) relative to the climatological mean of 1979–2018. The rectangle
719 marks the area of Northeast Asia (32.5° – 47.5° N, 110° – 140° E) that
720 experienced the heatwave in 2018. (b) and (d) Temporal evolutions of the
721 Northeast Asia area-averaged geopotential height anomalies (bars; units: m^2
722 s^{-2} ; left axis) at 200 and 500 hPa, respectively, during JJA 2018. The red curve
723 represents the 30–90-day filtered geopotential height (units: $\text{m}^2 \text{s}^{-2}$; right axis).
724 Gray shading covers the period of Northeast Asian heatwave occurrence.

725 **Fig. 3.** (a) 30–90-day filtered 500-hPa geopotential height (contours; units: $\text{m}^2 \text{s}^{-2}$)
726 and SAT (shading; units: K) during the Northeast Asia heatwave period of 11
727 July to 14 August 2018. (b) 30–90-day temperature budget at 925 hPa over
728 Northeast Asia during the heatwave period. From left to right: SAT tendency,
729 horizontal advection, adiabatic heating associated with vertical motion and

730 static stability, and diabatic heating. Units: 10^{-7} K s^{-1} . (c) As in (b) but for the
731 surface energy budget terms. From left to right: surface net shortwave
732 radiation, surface net thermal radiation, sensible heat flux, latent heat flux, and
733 their summation. A positive (negative) value indicates an anomalous upward
734 (downward) flux. Units: W m^{-2} .

735 **Fig. 4.** (a) MJO phase evolutions during the summer of 2018. Blue, red, green and
736 orange colors indicate the periods of 1–10 July, 11–20 July, 21–31 July and 1–
737 11 August 2018, respectively. (b) Composites of 30–90-day filtered OLR over
738 the tropics during the Northeast Asian heatwave period of 11 July to 14
739 August 2018. Units: W m^{-2} .

740 **Fig. 5.** 30–90-day vorticity anomalies (shading; units: 10^{-6} s^{-1}) and WAF (vectors;
741 units: $\text{m}^2 \text{ s}^{-2}$) at the levels of (a) 850 hPa, (b) 500 hPa and (c) 200 hPa during
742 the Northeast Asian heatwave period of 11 July to 14 August 2018. The black
743 triangle marks the location of the enhanced MJO convective center.

744 **Fig. 6.** MJO phase composites of 30–90-day filtered OLR (shading; units: W m^{-2})
745 and 500-hPa geopotential height (contours; units: m) during the RMM phases
746 (a) 1–2, (b) 3–4, (c) 5–6 and (d) 7–8 in JJA of 1979–2018. The active MJO
747 days with the RMM amplitude greater than 1 were selected for the composite.
748 The numbers of days for the composite are shown in the upper-right corners in
749 parentheses. Only the anomalous fields statistically significant at the 95%
750 confidence level relative to the climatological mean are shown. (e)–(h) As in
751 (a)–(d) but for the composites based on the days with RMM amplitude greater
752 than 1.5.

753 **Fig. 7.** Temporal evolutions of 30–90-day SAT anomalies over Northeast Asia
754 (32.5°–47.5°N, 110°–140°E) at (lag 0 day) and after (lag 1–14 days) the
755 occurrence of RMM phases 5–6 based on the composites of days with RMM
756 amplitude greater than (a) 1 and (b) 1.5, respectively. The y-axes on the left
757 and right represent the 30–90-day SAT anomalies (units: K) and their
758 normalized values (units: standard deviation), respectively. The numbers of
759 days for the composite are shown in the upper-right corners in parentheses.
760 (c)–(d) As in (a)–(b) but for the 30–90-day geopotential height anomalies
761 (units: $\text{m}^2 \text{s}^{-2}$) over Northeast Asia.

762 **Fig. 8.** (a) MJO phase indices during the occurrence of all Northeast Asian heatwave
763 days during July–August from 1979 to 2018. (b) As in (a) but including the
764 preceding periods (from 7 days ahead) of each heatwave day. The ratio of the
765 numbers of heatwave days lying in each phase (excluding the days of weak
766 MJO phase, $\text{RMM} < 1$) to the total number of heatwave days is shown in red
767 at the corners. Asterisks indicate statistical significance at the 95% confidence
768 level using the Monte Carlo method, in which random MJO phases were
769 assigned to heatwave days for a large number of times (5000). If the
770 probability of heatwave occurrence for a certain MJO phase is larger (smaller)
771 than the 97.5% (2.5%) percentile of the random distribution generated by
772 5000 simulations, it is considered statistically significant.

773 **Fig. 9.** Left panels: Composites of 30–90-day OLR (units: W m^{-2}) based on the dates
774 with enhanced western Pacific (0°–15°N, 100°–150°E) MJO convection in
775 the (a) CTRL and (b) LP90 experiment. An enhanced MJO day was defined as
776 when the normalized 30–90-day MJO-related convection was greater than one

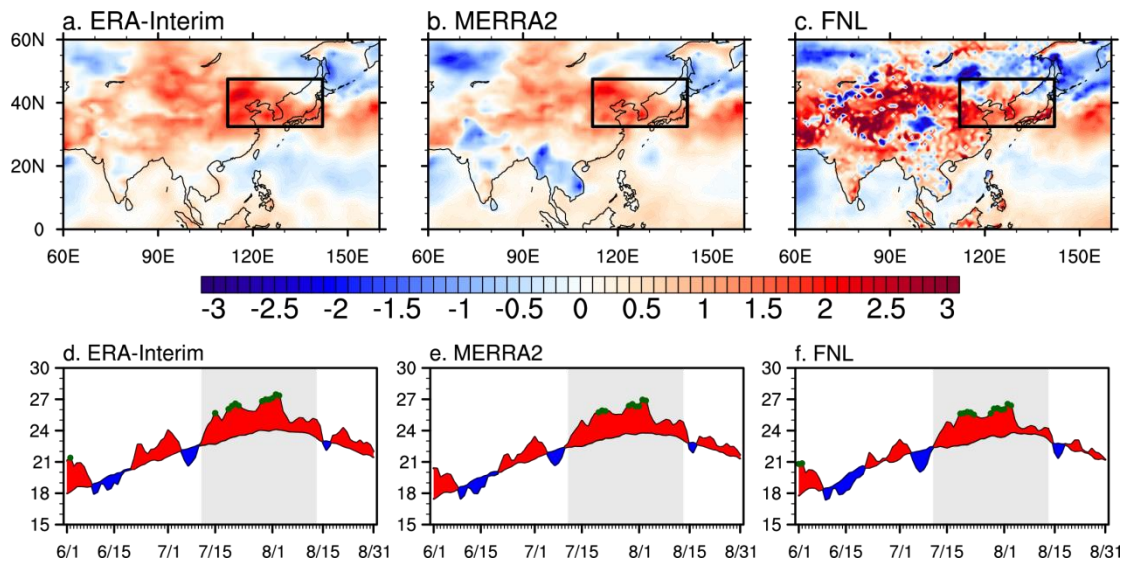
777 standard deviation over the western Pacific in the CTRL experiment. The
778 same dates were used for the composite in the LP90 experiment, in which the
779 MJO signals were removed artificially. The numbers of enhanced MJO days
780 selected for the composite are shown in the upper-right corner in parentheses.
781 (c) Composites of the 30–90-day SAT anomaly (units: K) over Northeast Asia
782 (32.5° – 47.5° N, 110° – 140° E) from the CTRL (red bar) and LP90 (blue bar)
783 experiment after 1–12 days of the occurrence of enhanced western Pacific
784 MJO. Right panels: As in the left panels but for the composites based on the
785 dates with stronger western Pacific MJO convections when the western
786 Pacific-averaged 30–90-day OLR anomaly was greater than 1.5 standard
787 deviations.

788 **Fig. 10.** (a) Composites of 30–90-day geopotential height anomaly at 500 hPa (units:
789 m) after 1–12 days of the occurrence of enhanced western Pacific MJO
790 (greater than one standard deviation) in EXP_CTRL. (b) As in (a) but for the
791 composite results in EXP_LP90.

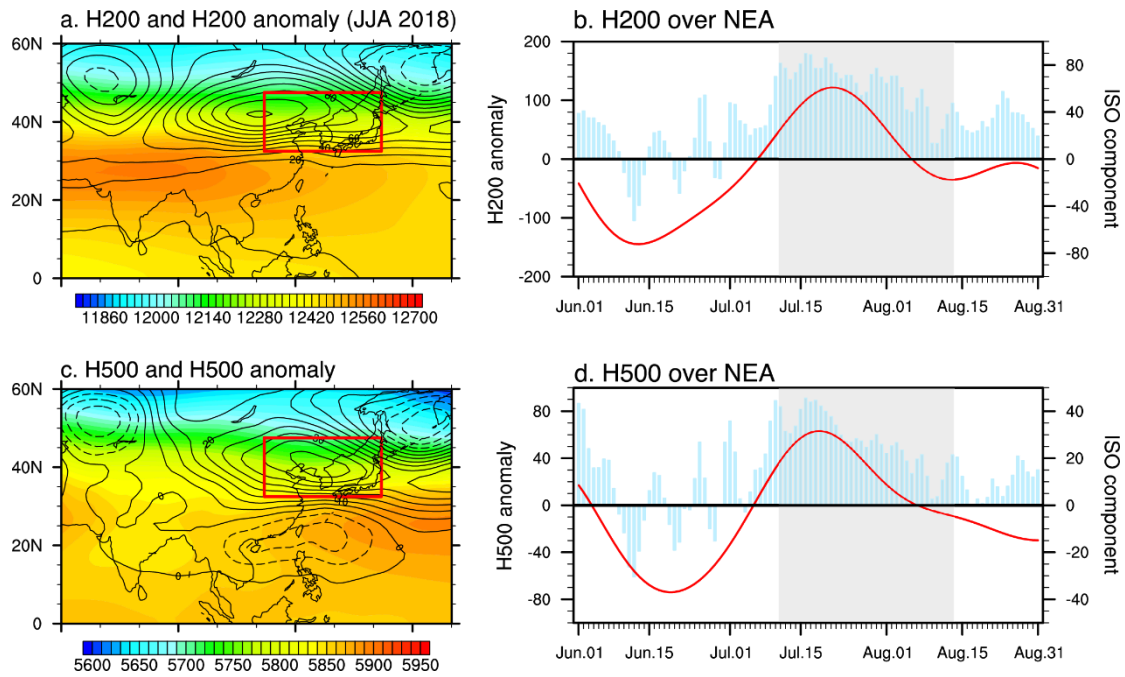
792 **Fig. 11.** Weekly mean SAT anomalies over Northeast Asia (32.5° – 47.5° N, 110° –
793 140° E) during the heatwave period (11 July to 14 August 2018) predicted by
794 the (a) CMA and (b) JMA S2S models. Blue, red, green and orange curves
795 indicate 1–4-week-lead predictions, respectively. Dots represent the ensemble
796 mean, with the ensemble spread shown by vertical lines. The black curve
797 indicates the weekly SAT evolutions derived from ERA-Interim. Units: K.

798 **Fig. 12.** Left panels: CMA S2S model predicted (a) MJO (RMM index), (b) SAT and
799 (c) H500 anomalies over Northeast Asia (32.5° – 47.5° N, 110° – 140° E) for the
800 heatwave period (11 July to 14 August 2018). Right panels: as in the left

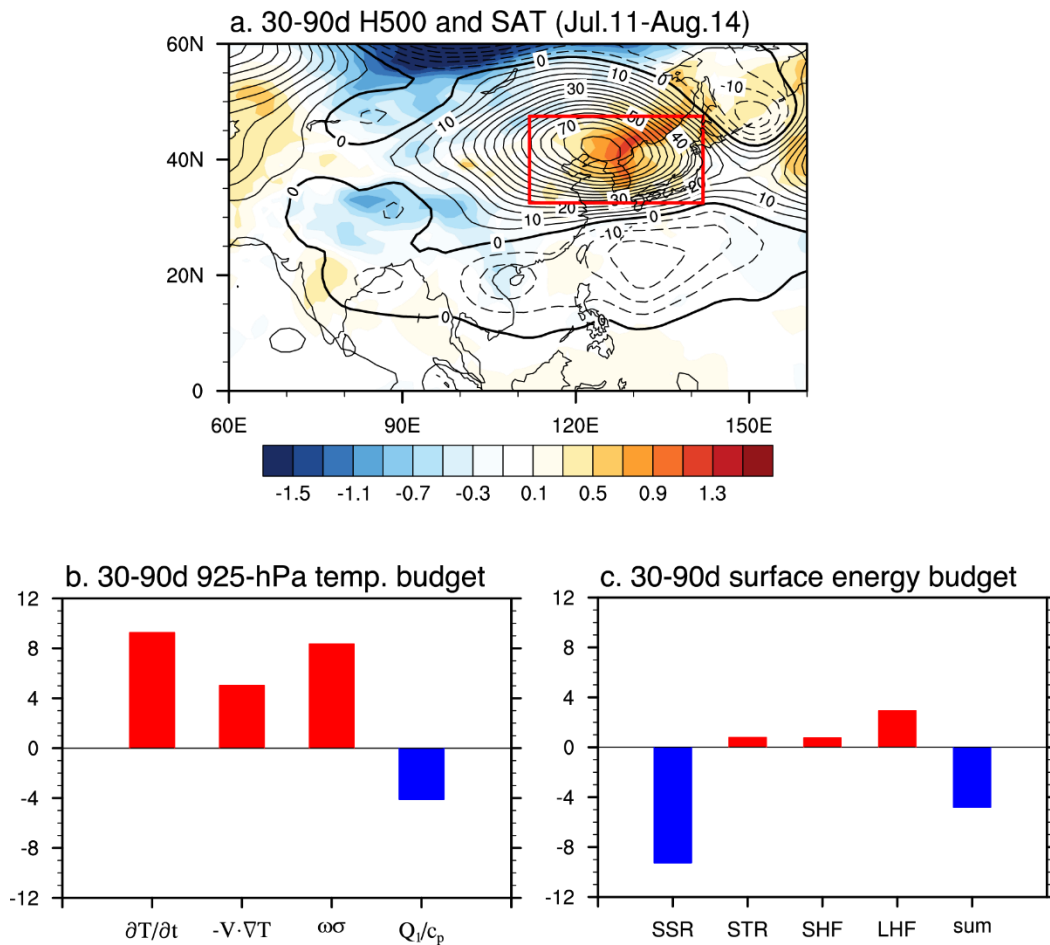
801 panels but for the JMA model predictions. The black curve represents the
802 observed conditions during 11 July to 14 August 2018. Blue, red, green and
803 orange curves present the forecasts started on 4 July (lead: 7–40 days), 27
804 June (lead: 14–54 days), 20 June (lead: 21–61 days) and 13 June (lead: 28–68
805 days), respectively. Dots represent the ensemble mean, with the ensemble
806 spread shown by vertical lines.



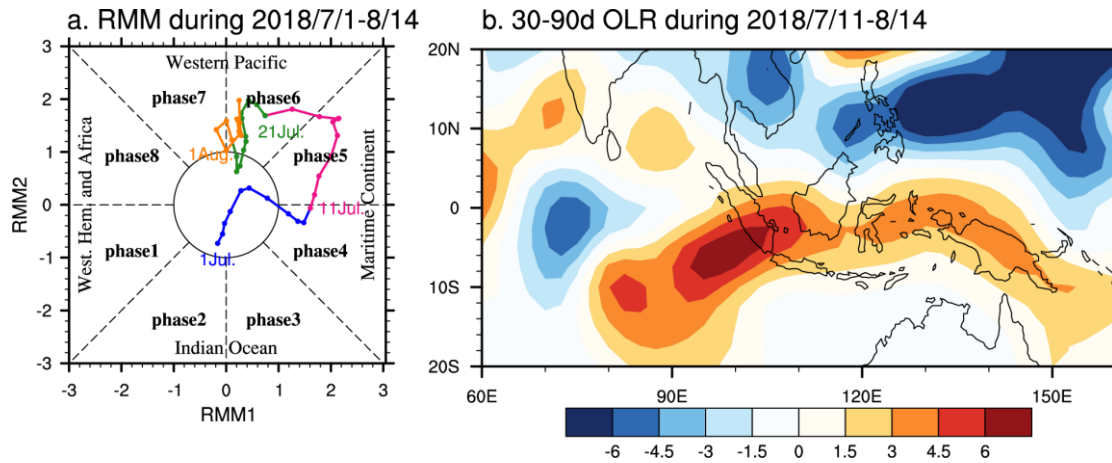
807 Fig. 1. SAT anomalies over the summer (JJA) of 2018 relative to the climatological
 808 JJA mean derived from the (a) ERA-Interim, (b) MERRA2 and (c) FNL datasets. The
 809 rectangle marks the area of Northeast Asia (32.5° – 47.5° N, 110° – 140° E) with
 810 significant warm anomalies. (d)–(f) Temporal evolutions of Northeast Asia
 811 area-averaged SAT in the climatological mean (black curve) and the anomalies (red
 812 and blue shading) in summer 2018 derived from the (d) ERA-Interim, (e) MERRA2
 813 and (f) FNL datasets. Gray shading covers the period of Northeast Asian heatwave
 814 occurrence. Dots indicate the SAT anomalies exceed the 90th percentile. Units: $^{\circ}$ C.



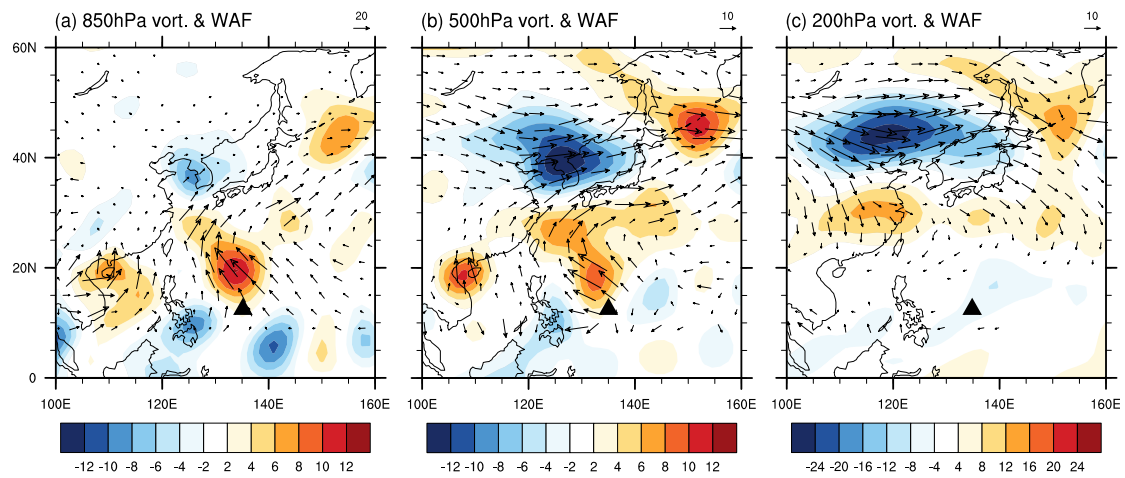
815 Fig. 2. Geographical distributions of (a) 200-hPa and (c) 500-hPa geopotential height
 816 (shading; units: $\text{m}^2 \text{s}^{-2}$) in the summer (JJA) of 2018 and its anomaly (contours; units:
 817 $\text{m}^2 \text{s}^{-2}$) relative to the climatological mean of 1979–2018. The rectangle marks the
 818 area of Northeast Asia (32.5° – 47.5°N , 110° – 140°E) that experienced the heatwave in
 819 2018. (b) and (d) Temporal evolutions of the Northeast Asia area-averaged
 820 geopotential height anomalies (bars; units: $\text{m}^2 \text{s}^{-2}$; left axis) at 200 and 500 hPa,
 821 respectively, during JJA 2018. The red curve represents the 30–90-day filtered
 822 geopotential height (units: $\text{m}^2 \text{s}^{-2}$; right axis). Gray shading covers the period of
 823 Northeast Asian heatwave occurrence.



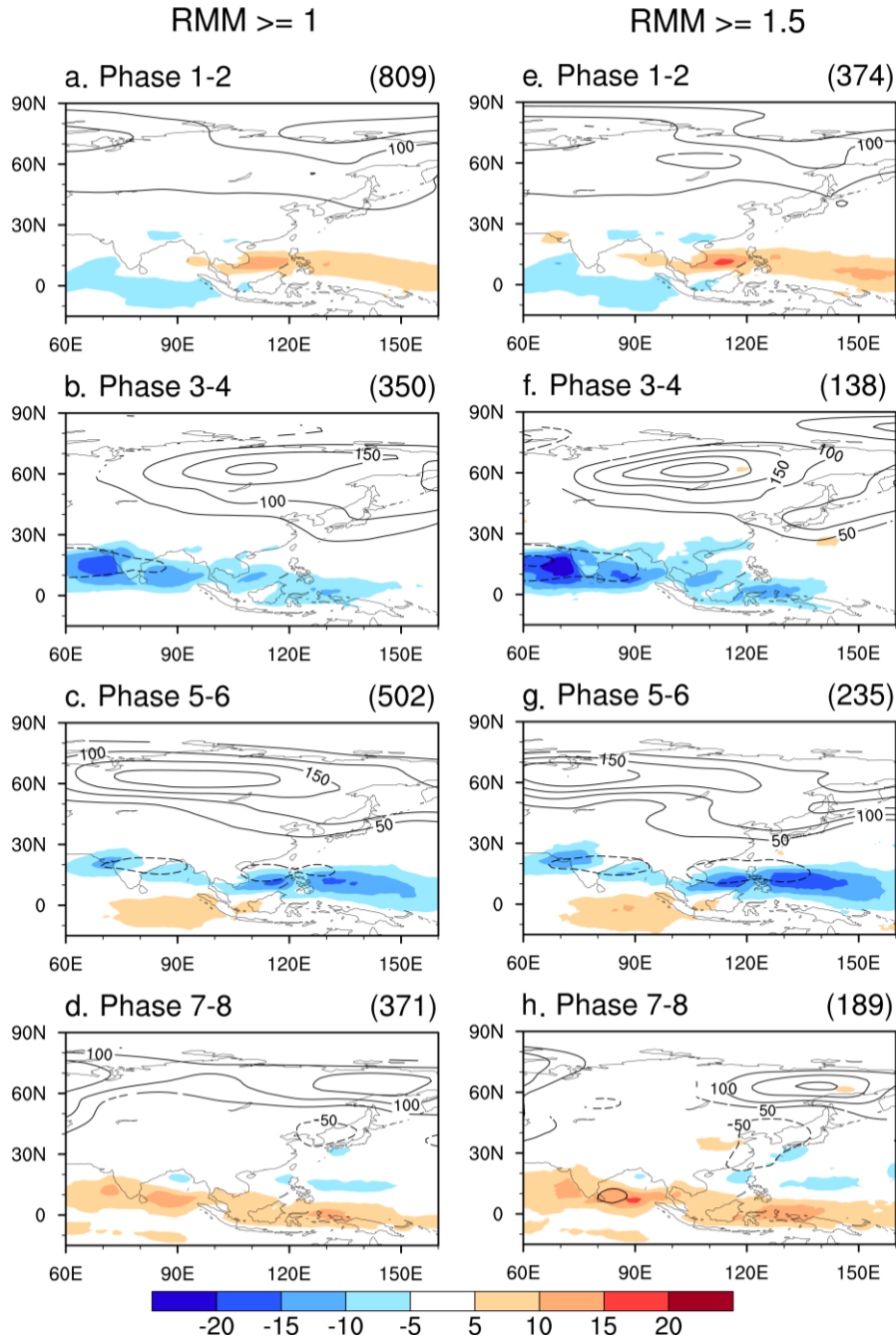
824 Fig. 3. (a) 30–90-day filtered 500-hPa geopotential height (contours; units: $\text{m}^2 \text{s}^{-2}$)
 825 and SAT (shading; units: K) during the Northeast Asia heatwave period of 11 July to
 826 14 August 2018. (b) 30–90-day temperature budget at 925 hPa over Northeast Asia
 827 during the heatwave period. From left to right: SAT tendency, horizontal advection,
 828 adiabatic heating associated with vertical motion and static stability, and diabatic
 829 heating. Units: 10^{-7} K s^{-1} . (c) As in (b) but for the surface energy budget terms. From
 830 left to right: surface net shortwave radiation, surface net thermal radiation, sensible
 831 heat flux, latent heat flux, and their summation. A positive (negative) value indicates
 832 an anomalous upward (downward) flux. Units: W m^{-2} .



833 Fig. 4. (a) MJO phase evolutions during the summer of 2018. Blue, red, green and
 834 orange colors indicate the periods of 1–10 July, 11–20 July, 21–31 July and 1–11
 835 August 2018, respectively. (b) Composites of 30–90-day filtered OLR over the
 836 tropics during the Northeast Asian heatwave period of 11 July to 14 August 2018.
 837 Units: $W m^{-2}$.

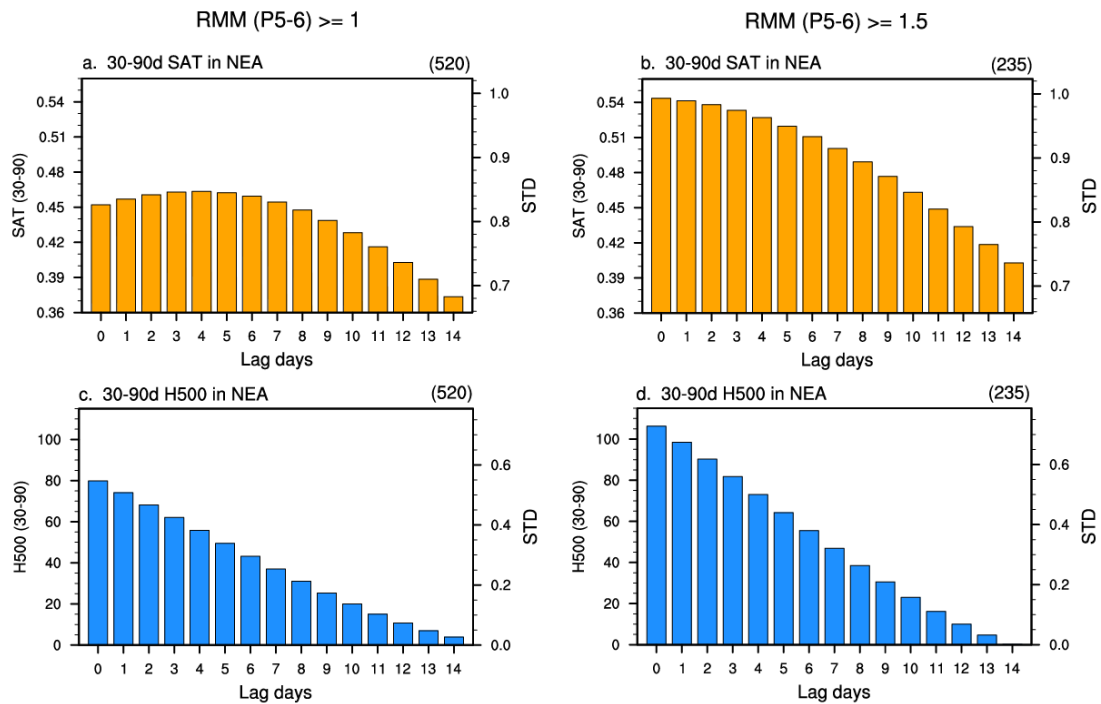


838 Fig. 5. 30–90-day vorticity anomalies (shading; units: 10^{-6} s^{-1}) and WAF (vectors;
 839 units: $\text{m}^2 \text{ s}^{-2}$) at the levels of (a) 850 hPa, (b) 500 hPa and (c) 200 hPa during the
 840 Northeast Asian heatwave period of 11 July to 14 August 2018. The black triangle
 841 marks the location of the enhanced MJO convective center.

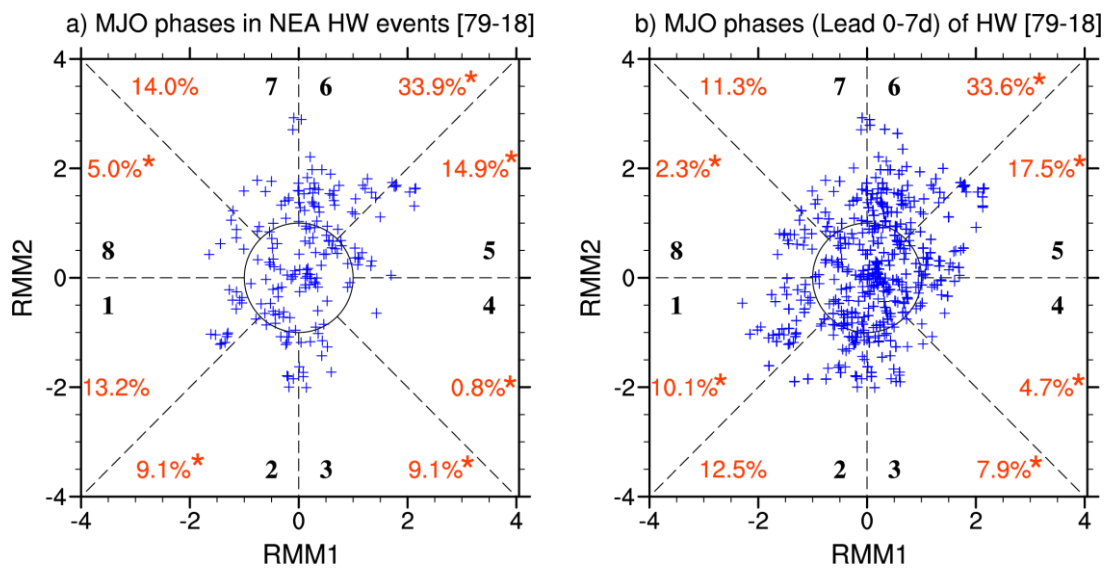


842 Fig. 6. MJO phase composites of 30–90-day filtered OLR (shading; units: W m^{-2})
 843 and 500-hPa geopotential height (contours; units: m) during the RMM phases (a) 1–2,
 844 (b) 3–4, (c) 5–6 and (d) 7–8 in JJA of 1979–2018. The active MJO days with the
 845 RMM amplitude greater than 1 were selected for the composite. The numbers of days
 846 for the composite are shown in the upper-right corners in parentheses. Only the
 847 anomalous fields statistically significant at the 95% confidence level relative to the

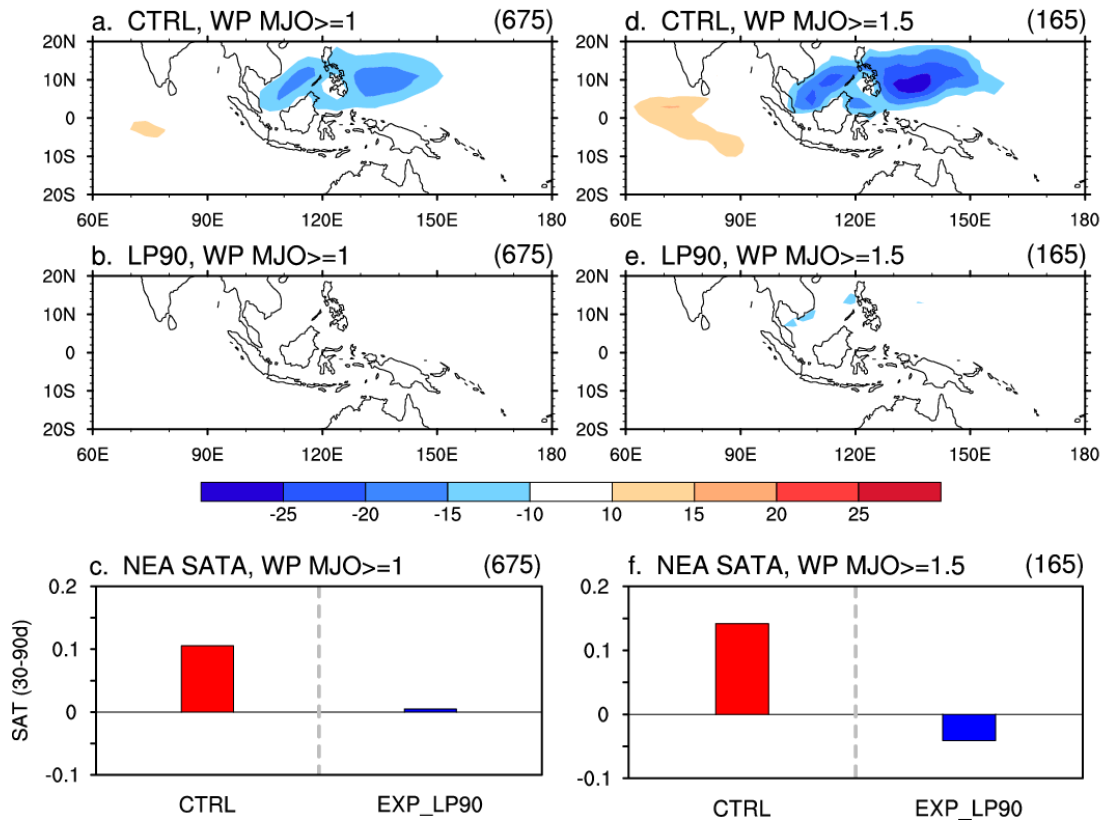
848 climatological mean are shown. (e)–(h) As in (a)–(d) but for the composites based on
849 the days with RMM amplitude greater than 1.5.



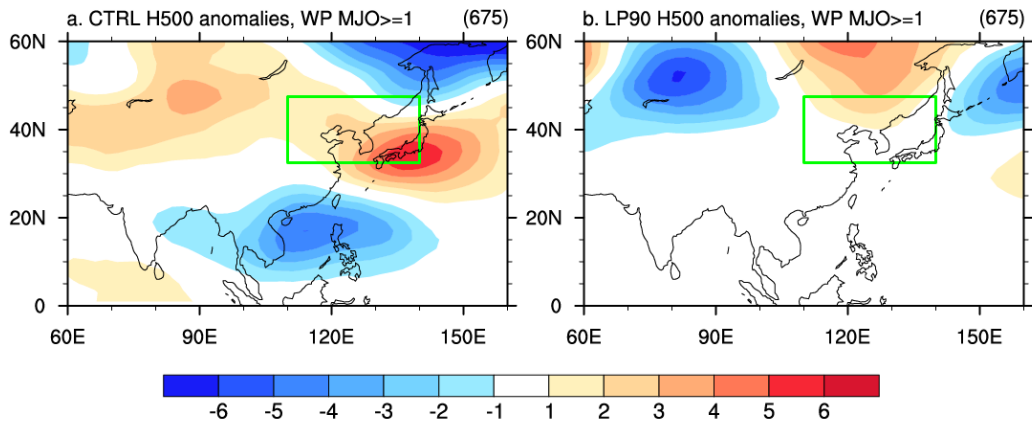
850 Fig. 7. Temporal evolutions of 30–90-day SAT anomalies over Northeast Asia
 851 (32.5° – 47.5° N, 110° – 140° E) at (lag 0 day) and after (lag 1–14 days) the occurrence
 852 of RMM phases 5–6 based on the composites of days with RMM amplitude greater
 853 than (a) 1 and (b) 1.5, respectively. The y-axes on the left and right represent the 30–
 854 90-day SAT anomalies (units: K) and their normalized values (units: standard
 855 deviation), respectively. The numbers of days for the composite are shown in the
 856 upper-right corners in parentheses. (c)–(d) As in (a)–(b) but for the 30–90-day
 857 geopotential height anomalies (units: $\text{m}^2 \text{s}^{-2}$) over Northeast Asia.



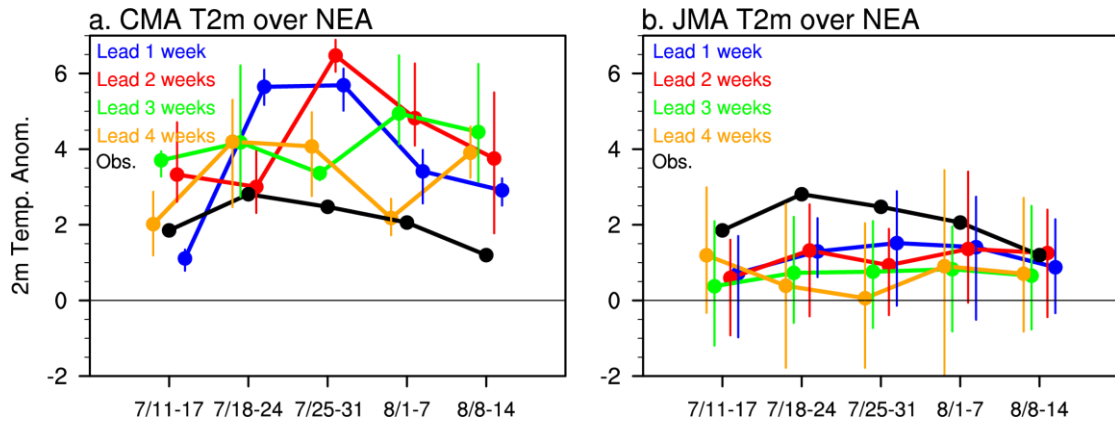
858 Fig. 8. (a) MJO phase indices during the occurrence of all Northeast Asian heatwave
859 days during July–August from 1979 to 2018. (b) As in (a) but including the preceding
860 periods (from 7 days ahead) of each heatwave day. The ratio of the numbers of
861 heatwave days lying in each phase (excluding the days of weak MJO phase, $RMM <$
862 1) to the total number of heatwave days is shown in red at the corners. Asterisks
863 indicate statistical significance at the 95% confidence level using the Monte Carlo
864 method, in which random MJO phases were assigned to heatwave days for a large
865 number of times (5000). If the probability of heatwave occurrence for a certain MJO
866 phase is larger (smaller) than the 97.5% (2.5%) percentile of the random distribution
867 generated by 5000 simulations, it is considered statistically significant.



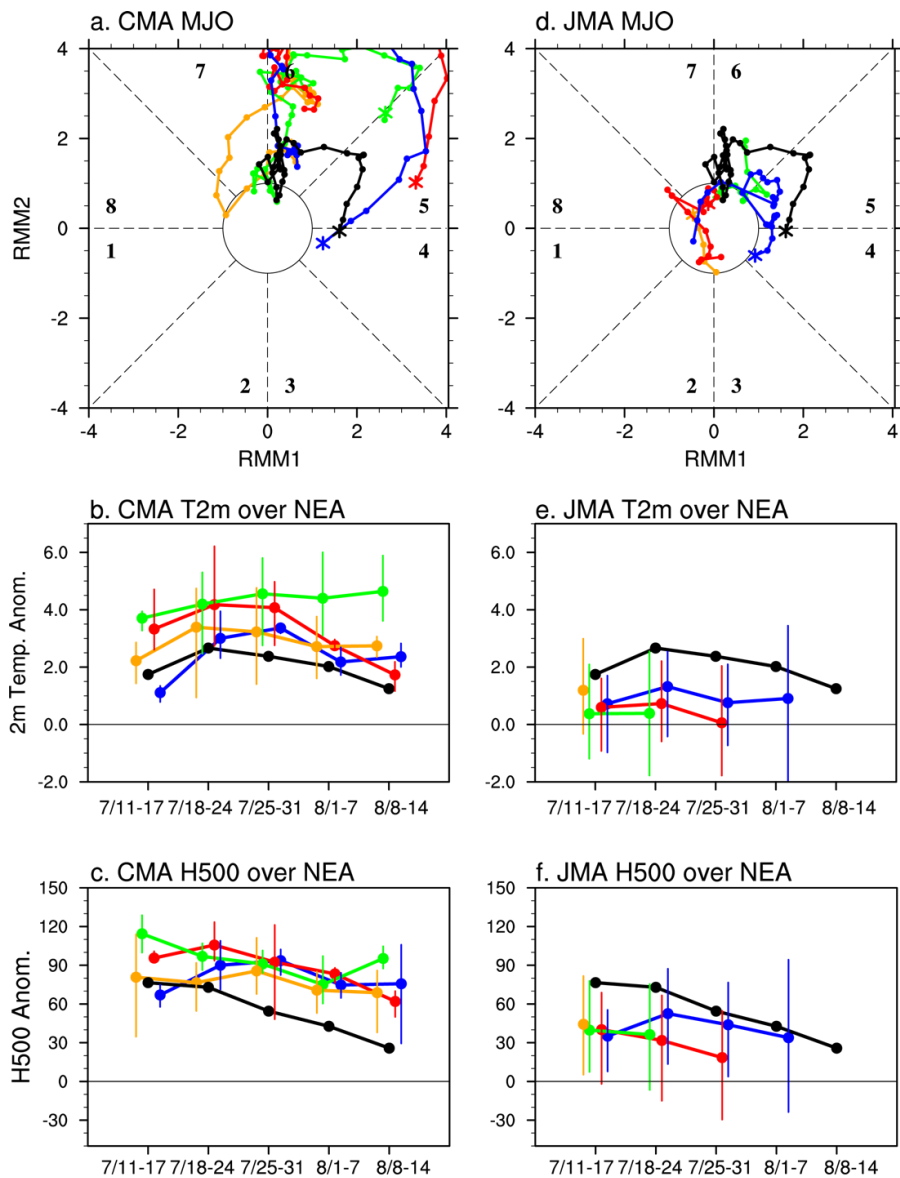
868 Fig. 9. Left panels: Composites of 30–90-day OLR (units: $W m^{-2}$) based on the
 869 dates with enhanced western Pacific (0° – $15^{\circ}N$, 100° – $150^{\circ}E$) MJO convection in
 870 the (a) CTRL and (b) LP90 experiment. An enhanced MJO day was defined as
 871 when the normalized 30–90-day MJO-related convection was greater than one
 872 standard deviation over the western Pacific in the CTRL experiment. The same
 873 dates were used for the composite in the LP90 experiment, in which the MJO
 874 signals were removed artificially. The numbers of enhanced MJO days selected for
 875 the composite are shown in the upper-right corner in parentheses. (c) Composites
 876 of the 30–90-day SAT anomaly (units: K) over Northeast Asia (32.5° – $47.5^{\circ}N$,
 877 110° – $140^{\circ}E$) from the CTRL (red bar) and LP90 (blue bar) experiment after 1–12
 878 days of the occurrence of enhanced western Pacific MJO. Right panels: As in the
 879 left panels but for the composites based on the dates with stronger western Pacific
 880 MJO convections when the western Pacific-averaged 30–90-day OLR anomaly
 881 was greater than 1.5 standard deviations.



882 Fig. 10. (a) Composites of 30–90-day geopotential height anomaly at 500 hPa (units:
 883 m) after 1–12 days of the occurrence of enhanced western Pacific MJO (greater than
 884 one standard deviation) in EXP_CTRL. (b) As in (a) but for the composite results in
 885 EXP_LP90.



886 Fig. 11. Weekly mean SAT anomalies over Northeast Asia (32.5° – 47.5° N, 110° –
 887 140° E) during the heatwave period (11 July to 14 August 2018) predicted by the (a)
 888 CMA and (b) JMA S2S models. Blue, red, green and orange curves indicate 1–
 889 4-week-lead predictions, respectively. Dots represent the ensemble mean, with the
 890 ensemble spread shown by vertical lines. The black curve indicates the weekly SAT
 891 evolutions derived from ERA-Interim. Units: K.



Forecast starts from 7/4 6/27 6/20 6/13

892 Fig. 12. Left panels: CMA S2S model predicted (a) MJO (RMM index), (b) SAT and
 893 (c) H500 anomalies over Northeast Asia (32.5° – 47.5° N, 110° – 140° E) for the
 894 heatwave period (11 July to 14 August 2018). Right panels: as in the left panels but
 895 for the JMA model predictions. The black curve represents the observed conditions
 896 during 11 July to 14 August 2018. Blue, red, green and orange curves present the
 897 forecasts started on 4 July (lead: 7–40 days), 27 June (lead: 14–54 days), 20 June
 898 (lead: 21–61 days) and 13 June (lead: 28–68 days), respectively. Dots represent the
 899 ensemble mean, with the ensemble spread shown by vertical lines.